



The first step to finding out if the **CRH O'Regan® System** for hemorrhoid banding is right for you begins with speaking to your current physician or a specialist trained in performing this simple, painless procedure.

Use this discussion guide to help your physician better understand your hemorrhoid symptoms so you can begin the process of taking control of your pain.

1 First, let's tell your physician about your history with hemorrhoids and any previous treatments you may have tried.

A. How long have you suffered from hemorrhoids?

☐ Less than one year ☐ 1-2 years ☐ 3-5 years ☐ More than 5 years ☐ Other _____

B. What symptoms have you experienced?

- ☐ Bleeding
- ☐ Itching
- ☐ Swelling
- ☐ Soiling
- ☐ Prolapse (tissue protruding from anus)

C. What treatments, if any, have you tried?

- ☐ Over-the-counter ointments
- ☐ Prescription ointments
- ☐ Surgery
- ☐ Hemorrhoid banding
- ☐ Other (please describe) _____

D. How severe are your symptoms?

- ☐ Mild
- ☐ Moderate
- ☐ Severe



2 Now let's ask your physician a few questions

- A. Are you familiar with hemorrhoid banding, and the CRH O'Regan system in particular?
- B. Are my hemorrhoids internal or external?
- C. How might hemorrhoid treatment interact with my other medications or health issues?
- D. Do I need to make lifestyle changes if I have hemorrhoids?
- E. What do I need to do to prevent future hemorrhoids?

3 Let's learn a bit more about the CRH O'Regan hemorrhoid banding system

A. What is CRH O'Regan hemorrhoid banding system?

The CRH O'Regan System is a unique type of hemorrhoid banding treatment. During CRH O'Regan hemorrhoid treatment, a doctor places a rubber band around the base of the hemorrhoid where you have no nerve endings. The band pinches off the hemorrhoid, keeping blood from reaching it. After a few days without blood, the hemorrhoid shrinks and falls off.

B. Can the CRH O'Regan hemorrhoid banding system work for me?

The CRH O'Regan Hemorrhoid Banding System is suitable for virtually ALL patients experiencing hemorrhoid symptoms. In fact, over 99% of patients who undergo 3 treatments experience relief.

C. How long will the procedure take?

The CRH O'Regan System treats one hemorrhoid at a time and typically takes about 60 seconds. Most patients require 3 sessions. The recurrence rate with hemorrhoid banding is on par with surgery (5% after 2 years) without the complications associated with invasive treatment options.

D. Will it require multiple treatments?

Though we only tend to refer to hemorrhoids when they are symptomatic, hemorrhoids are a natural part of our anatomy. In fact, we all have 3 separate sections of hemorrhoidal tissue. In order to get the best results, most patients will require each section be banded, for a total of 3 treatments.



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Let's learn a bit more about the CRH O'Regan hemorrhoid banding system

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E. How much pain will there be?

Most patients feel no pain from the CRH O'Regan System, even during recovery. And those who do, typically report their pain as minor – just a slight fullness in the rectum, or a dull ache.

F. What type of preparation/recovery should I expect?

No preparation is required for treatment with the CRH O'Regan System. You don't need to fast beforehand or clear out the bowels. There is also no down time needed for recovery after the procedure. You can return to work and other daily activities immediately after your treatment.

G. Can I be banded if I'm pregnant?

Though your physician will likely hold-off on performing any treatment procedures if you have hemorrhoids while pregnant, once you've delivered, you can find relief quickly and easily with a physician trained in the proprietary CRH O'Regan System.

H. Can I be banded if I'm taking anticoagulants?

Patients on anticoagulants may have an increased risk of bleeding in the post-banding period. Assuming that the patients are on these anticoagulants for a reason, holding these medications can certainly have its own set of problems, so a risk-benefit analysis should be included when planning for these patients' treatment.

I. How much does hemorrhoid banding with the CRH O'Regan System cost?

Most insurance plans including Medicare cover hemorrhoid banding, however, you should contact the office where you would like to be treated for the most up-to-date pricing on the services you may require.

J. Is hemorrhoid banding with the CRH O'Regan System covered by Medicare or my health insurance?

Hemorrhoid banding with the CRH O'Regan System is covered by most major insurance plans including Medicare. However, as insurance coverage varies, please call the office where you would like to be treated for assistance with your specific policy.

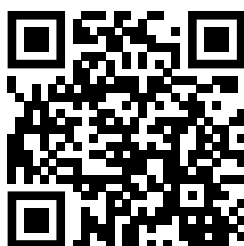
K. How is this different from traditional Rubber Band Ligation?

Rubber band ligation is one of the most common treatment options for hemorrhoids, particularly for internal hemorrhoids. The CRH O'Regan system improves on traditional banding methods in a few ways. It replaces painful metal clamps with a soft suction device. The use of suction rather than clamps reduces bleeding risk and increases comfort.



4 How to work with your physician to find a CRH O'Regan system provider

The CRH O'Regan System is one of the best treatment options for hemorrhoids available. More than 3,000 physicians in the U.S. use the system to provide their patients with relief from uncomfortable symptoms caused by hemorrhoids. To find a clinic utilizing the CRH O'Regan System near you simply scan the code below with your smart phone or visit:



<http://www.oregansystem.com/find-a-clinic>

5 How your physician can become a CRH O'Regan system provider

If you are a physician looking to implement the CRH O'Regan System at your practice simply scan the code below with your smart phone or call:



<http://physicians.crhsystem.com/crh-oregan-system/schedule-a-training/>
866.470.1852